## STAFFORDSHIRE A.A.A. CROSS COUNTRY CHAMPIONSHIPS 2017

The Championships will be held at Aldersley Stadium, Wolverhampton on Saturday 7th January 2017. Car Parking is close to the Changing Rooms. Wolverhampton & Bilston A.C. will be offering Refreshments for sale at the venue.

## Programme of Events:

12.00 pm	Under 13 Girls	1.05 pm	Under 17 Women
12.00 pm	Under 13 Boys	1.05 pm	Under 17 Men
12.25 pm	Under 15 Girls	1.05 pm	U20, Senior & Veteran Women
12.25 pm	Under 15 Boys	1.45 pm	U20, Senior & Veteran Men

## 1. Eligibility:

- a) Athletes who were born, or who have lived for the previous nine months, within the County boundaries (pre 1964), or who have previously acquired and exercised eligibility and not competed subsequently for another County. (See UKA rule 21 S6)
- b) Under 13, Under 15 and Under 17 athletes, not otherwise eligible, provided that they both:
  - i. are members of an Affiliated Club.
  - ii. have not competed in another County's Championship or Team in 2016.

Athletes allowed entry under b) will not be eligible for County Team selection, nor acquire County qualification for Staffordshire.

- 2. Anyone not eligible to represent their Club in Open Team Competition should enter on an individual form.
- 3. The Age Groups are defined as follows :-

Under 13 Girls and Boys
Under 15 Girls and Boys
Under 17 Women and Men
Under 20 Women and Men
Senior Men and Women
Veteran Women
Women

All entrants must give data of high to be eligible for Age Croup models

<u>All entrants must</u> give date of birth to be eligible for Age Group medals.

4. Under 13 Girls and Boys will start together and run the same distance to a single finish funnel. Under 15 Girls and Boys will start together and run the same distance to a single finish funnel. U17 Men, U17 Women, U20 Women, Senior and Veteran Women will start together and run the same distance to a single finish funnel.

U20 Men, Senior and Veteran Men will run as one race, a cut-off time of twice the winner's time will be in operation, which the Referee will impose at the start of the final lap.

- 5. Awards will be made to the first three in each race. Teams from affiliated clubs will be eligible for Team Awards, with three to count, except for Senior & Veteran Women, where four will count and Senior & Veteran Men, where six will count. Under 20s will count in the Open Team, as will Veterans. Under 20s and Veterans will receive Individual and Team Awards based on their position in the Open race.
- 6. Awards will be presented as soon as possible after each race.
- 7. Individual entry fees will be £5.00 for Seniors and Veterans, £4.00 for U20, U17, U15 and U13. There are no team entry fees.
- 8. Entries, together with the entry fees, made payable to "Staffs AAA", should be forwarded to :- Graham Allen, 18 Harcourt Way, Tillington, Stafford, ST16 1QY.

## **ENTRIES CLOSE SATURDAY 31ST DECEMBER 2016.**

Receipt of your entries will be acknowledged by email, otherwise, please enclose a 9" x 6" stamp addressed envelope.

- 9. Numbers will be issued on the day. Except for individual entries, for each Club each Age Group will be issued as a batch to a Club representative.
- 10. Results will be available on www.staffs-athletics.co.uk,
- 11. NO LATE ENTRIES WILL BE ACCEPTED.