

Staffordshire 5000m Track Championships – Stoke – 3 April 2011

Men:

- 1. Chris Perrin – Cannock and Stafford AC – 16.21.0**
- 2. Steve Bazell – City of Stoke AC – 16.23.2**
- 3. James Perrin – Cannock and Stafford AC – 16.44.5**
- 4. Thomas Halloway – Staffordshire Moorlands AC – 18.09.6**
- 5. Martin Bailey – Newcastle (Staffs) AC – 18.29.0**

Women:

- 1. Mandy Vernon – Trentham Running Club – 19.03.8**
- 2. Joanne Donnelly – Trentham Running Club – 19.16.7**
- 3. Laura Matthews – Newcastle (Staffs) AC – 26.06.4**